

Journey Into Yoga



a love poetry book fully illustrated with over sixty poems
by Shelley Lynne Cummins

Words

Come from a gentle mist
Born amongst a tingling light
Springing from a passion scent
The cave of earthliness and depth
Reveal the words to me
Ocean wash them ashore
Empty moments
In my beloved's eyes
Desire wells
And words fall forth

The Journey of Love



The journey of love
The dive so deep
To find the One
In the heart of another
To find your soul
Shining back at you
In joy, in pain
In all creation
The journey of love
Eternal revelation

Hari Om Tat Sat
I am another yourself



My lover
A body
A form
A molded intellect
A heart full of gold
A magic carpet ride
To the eternal abode

Om Tara Tu Tara
The flight across the ocean



Clarity and cleanliness
Intuition soft as flower petals
Open up
Denial fly
Hurry up!
A patient master lives inside

Satchitananda
Bliss of Emptiness



Sea... Land
Mountain... Stream
Mermaid... Flying Star
The vessels of the One are infinite
Playing roles of God & Goddess
Wake up and see
Enjoy the cookies and the tea
Oh! The Theater of Life
Play well today
Roles will change tonight

Sat Nam
The Divine Marriage Within



Sweet Words
our friends
wafting breath
from me to you
and you to me
as we disappear
into the wind

Ad Shakti Ad Shakti
All Love



A flower is given
within all magic
for I Am there meeting you
we join as perfect petals
soft with dew
so complex
tightly wound
slowly opening
at infinite pace
painfully tedious
to ecstatic bursts
magic
this flower of life
Gratitude
simply not enough
to express this forever gift

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